

Name: \_\_\_\_\_

Date: \_\_\_\_\_

**Grades K-2**

**Instructor Directions:** Please accurately demonstrate each activity to your students before assessments. Additionally, perform each assessment in the order that it appears. Prioritize assessing the bolded comments, and if time allows, then fill out the additional information. Good luck!

<b>Assessment</b>	<b>Score</b>	<b>Comments</b>
Bounce and catch a tennis ball for three trials.	1 = catches with one hand 2 = catches with two hands 3 = did not catch	<b><u>Trial 1:</u></b>  <b><u>Trial 2:</u></b>  <b><u>Trial 3:</u></b>
Skip for 10'.	1 = able to alternate legs, step-hop pattern for 10' 2 = able to alternate legs, step hop pattern for 5-10' 3 = able to alternate legs, step hop pattern for < 5'	<b><u>Trial 1:</u></b>  <b><u>Trial 2:</u></b>
Walk on a line using heel-to-toe pattern for 10 steps.	1 = able to walk heel-to-toe for 10 steps 2 = able to walk heel-to-toe- for 5-10 steps 3 = able to walk heel-to-toe for less than 5 steps	<b><u>Trial 1:</u></b>  <b><u>Trial 2:</u></b>  Successful Steps:
Perform complete jumping jacks for 30".  <i>Arms should come up to a "V", and back down to sides, with elbows extended. Legs should jump apart, and then fully back together.</i>	1 = able to perform jumping jacks for the full 30" 2 = able to perform jumping jacks for 15-30" before stopping 3 = performs jumping jacks for less than 15" before needing to stop	<b><u>Grade:</u></b>  Time: